

# Brown County 'Buds

My 2024-25  
Cloverbud  
Activity Book

18 U.S.C. 707

Name: \_\_\_\_\_



# My 4-H Club:



My Name: \_\_\_\_\_

My 4-H Club's Name: \_\_\_\_\_

My 4-H Leaders: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Other Club Members: \_\_\_\_\_

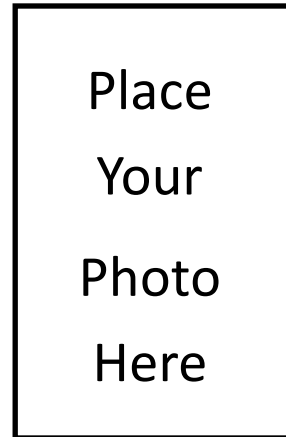
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# About Me:



Age: \_\_\_\_\_

Grade: \_\_\_\_\_

**My Family Members:**

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**Hobbies:**

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**New Project Areas I want to learn about:**

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## **4-H Club Emblem:**

The official 4-H emblem is a green four-leaf clover with a white H on each leaf standing for Head, Heart, Hands, and Health. The stem of the clover always points to the right.



## **4-H Club Motto:**

“To make the best better.”

Try hard and do your best.

## **4-H Club Slogan:**

“Learn by doing.”

Hands on learning is so much fun.

# 4-H Flag Pledge:

I pledge...

my **head** to clearer thinking,

my **heart** to greater loyalty,

my **hands** to larger service, and

my **health** to better living for

my **club**, my **community**,

my **country**, and my **world**.

***We're going to learn more about***

***the four H's this year in***

***Brown County 'Buds!***

First Meeting

Date: \_\_\_\_\_

I pledge my

**HEAD**

**to clearer thinking.**

**“I pledge my head to clearer thinking”** is part of the 4-H pledge. Clear thinking helps us to make good choices and decisions. In 4-H we can try out different project areas to learn about something or to learn a new skill.

Learning new things is fun, but new things can also be hard, or even dangerous so you need to be careful to stay safe and follow the instructions when you try something you have never done before. **THINK** about the steps carefully and ask a grown up if you need help.

In our first Cloverbud meeting, we talked about some of the times where you need to think clearly when you are doing both old and new activities in 4-H.



**Write about it:** Give *two* examples of how we can use our “HEAD for clearer thinking” as a 4-H’er, on the lines below.

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I learned how to use my HEAD for Clearer Thinking with a fun activity. Here is a photo or a drawing of what I did.

Second Meeting

Date: \_\_\_\_\_

I pledge my

**HEART**

**to greater loyalty.**

**“I pledge my HEART to greater loyalty”** is part of the 4-H pledge. Being a loyal friend is important to making new friends and being someone that a friend can count on.

As a 4-H'er, you are a valuable part of your Club, and County club as well. There are also State and National 4-H clubs too! We work together to accomplish goals, have fun, and give back to our communities. A loyal friend and 4-H'er cares about others.

In our second Cloverbud meeting, we talked about how we can be a loyal friend in 4-H.





**Write about it:** Give *two* examples of how we can use our “HEARTS to greater loyalty” as a 4-H’er, on the lines below.

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I learned about using my HEART for greater loyalty with a fun activity. Here is a picture or drawing of what I did.

Third Meeting

Date: \_\_\_\_\_

**I pledge my**

**HANDS**

**to larger service.**

**“I pledge my HANDS to larger service” is part of the 4-H pledge.**

As a 4-H'er, you are a valuable part of your club, and community, too. Many hands make work easier and we work together to help get things done. In a community, helpers or volunteers, are a large part of everything we do.

Our 4-H clubs help out by doing community service projects throughout the year such as serving meals, cleaning road ditches, and volunteering our hands in other helpful ways.

In our third Cloverbud meeting, we talked about how we can use our HANDS to help others in 4-H.



**Write about it:** Give *two* examples of how you can use your “HANDS to larger service” as a 4-H’er, on the lines below.

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I learned how to use my HANDS for larger service with a fun activity. Here is a photo or drawing of what I did.

Third Meeting

Date: \_\_\_\_\_

**I pledge my**

**HEALTH**

**to better living.**

**“I pledge my HEALTH to better living” is part of the 4-H pledge.**

As a 4-H'er, we can learn a lot about how to live healthier! Learning to make healthy choices, staying active, and knowing how to stay safe are all parts of being healthy.

Learning how to make healthy foods and snacks, first-aid kits, walking a dog or a heifer, playing games at 4-H camp, and working together to clean a messy road ditch are all ways we can participate in projects that encourage better living.

In our fourth Cloverbud meeting, we talked about how we can use our HEALTH to live better, in 4-H and in our daily lives.



**Write about it:** Give *two* examples of how you can use your “HEALTH to better living” as a 4-H’er, on the lines below.

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I learned how to use my HEALTH for better living with a fun activity. Here is a photo or drawing of what I did.

**My 4-H Activities:** List the activities and the dates of things you did on your own or with your club in 4-H this year. Community Service projects, club projects, and meeting activities are something you can include. (and more!)

**Activity**

**Date**

Activity	Date
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H

**My 4-H Projects:** List the projects you entered at the fair and what you liked best about the project.

**Project**

**What I liked Best**

Project	What I liked Best
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H
4-H	4-H

**Photos and News Clippings:** Place any photos that you took of yourself participating in 4-H on these pages. Use as many sheets of plain paper as you need.















I have completed my Cloverbud record book and I pledge my HEAD, HANDS, HEART, and HEALTH to be a good 4-H'er. I will DO MY BEST, to MAKE THE BEST BETTER.

Signed: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Leader Signature: \_\_\_\_\_

Date: \_\_\_\_\_

\*Turn in your Cloverbud Record Book on time at the end of the year to qualify for a Cloverbud award at the Brown County 4-H recognition event..